

School Travel Plans (STP)

- Based on the 16 schools that have previously conducted school travel planning projects within the Wellington-Dufferin-Guelph region, some of the main concerns that parents had about their children using active transportation when commuting to and from school included:
 - Speed and volume of traffic
 - Lack of safe places to cross
 - Parents concerned about their children walking alone to and from school
 - Idling vehicles
 - Coordination and support



Our Plan

- The Walking School Bus
- Revisiting STPs conducting in 2011 2015





Walking School Bus

- A group of students walking to/from school with an adult supervisor parent or volunteer
- Students are picked up at their designated "bus stops"
- Does not replace or change traditional school bus routes most students applying live within walking distance of the school (less than 1.6 km)
- Walking School Bus can vary in structure
 - Formal, informal and hybrid method







Benefits of implementing the Walking School Bus

- Developing healthy childhood habits at an early age has been shown to have long-term health benefits.
- Reduces traffic congestion around schools
- Improved air quality due to reduced greenhouse gas emissions
- Enhanced neighbourhood safety
- Greater sense of community







Walking School Bus Leaders

Undergo training

Criminal reference check

• Vulnerable Sector screening

Level C First
Aid/CPR
(including
Epinephrine
AutoInjector)
certification

References

Safety Rules

- Walk with the walking school bus do not run or skip!
- Use the sidewalks instead of the grass
- Watch for vehicles pulling out of/turning into driveways/streets
- Look Left-then Right-then Left again, and keep looking while crossing the street
- Obey traffic signs and signals
- Follow the instructions of the Walking School Bus Leader

Program components and resources

- 1. Conduct a feasibility assessment to determine interest in establishing a WSB in their school
 - School Champions, Parent Interest, Principal Commitment, Current School Active Travel Activities, Number of Students in Walking Zone (JK-Grade 4), Current Active School Travel Behaviours, Distribution of Walkers, Complaints Received by Traffic Services and Number of Bylaw Traffic & Parking Tickets
- 2. Promote program in local community via newsletter, social media, and parent council.

Program components and resources Cont'd

- 3. Develop policies and procedures
- 4. Recruit and train the Walking School Bus Leaders
- 5. Plan a launch event
 - Publicize the event via newsletter or media platforms
- 6. Determine the walking routes based on clusters of students that are registered for the Walking School Bus.
- 7. Continue to promote the walking school bus and active transportation





Phase I and Phase II

Phase I

- Implemented at Mitchell Woods PS
- Two WSBs
- Four Leaders
- 30 students

Phase II

- Implemented at Mitchell Woods PS, Holy Trinity CS, and Ken Danby PS
- Four WSBs
- 11 Leaders
- 68 students

Recommendations of implementing the Walking School Bus

Leaders

- Post as soon as possible
 - School's website
 - Registration form
- Encourage them to stay committed to the position and encourage the students to walk to school

Students

- Contact families that do not use the WSB frequently
- Ask for parent and Principal/Vice Principal for feedback
- Invite guest to walk with the walking school bus – Police, Fire fighters and mascots

A Walk in Their Sneakers

- Contacted the Guelph Police to inquire if they were interested in participating in the Walking School Bus to further promote active transportation in the area.
- Officers Kevin Dahl and Sherry Pettapiece learned about the students' trip to school while sharing school zone safety tips and traffic information.
- On Halloween, there will be a "Spooky Walk" where students can come dressed in their costumes.



Encouragement







- Attend school events such as open house
- Hold special events and theme days
- Reward frequent walkers with small incentives
 bookmarks, stickers, and keychains
- Keep the routes safe and up to date
 - Ask the leaders and students if they would like improvements in the route
- Recognize the WSB leaders with certificates and awards

